

## CATEGORIES OF SEVERITY OF ASTHMA

<b><u>Severe Persistent</u></b>	Symptoms are continuous and exacerbations (worsening of symptoms) are frequent  Physical activity is limited
<b><u>Moderate Persistent</u></b>	Symptoms occur daily and a short-acting beta-agonist is used daily  Night time symptoms occur more than one time per week  Exacerbations may last days or are two or more times per week  Physical activity is affected during exacerbations
<b><u>Mild Persistent</u></b>	Symptoms occur more than two times per week but less than one time per day  Night time symptoms occur more than two times a month  Physical activity may be affected during exacerbations
<b><u>Mild Intermittent</u></b>	There are no symptoms between exacerbations  Exacerbations last briefly and occur two or less times per week  Night time symptoms occur two or less times per month  Physical activity is not limited