

INTRODUCTION TO CHILDHOOD ASTHMA

Asthma has been on the increase in all age groups, but particularly in children. It is the most common serious chronic disease of childhood, affecting nearly five million children in the United States. Children often times have trouble using chronic medicines (medicines used on a daily basis) and dealing with a chronic disease. Some of the treatments are especially difficult for children to comply with. Asthma is one of the leading causes of school absences, and often times interferes with not only school, but also their after school activities.

I'm sure you have been concerned when your child is coughing, wheezing, has shortness of breath, or has tightness in the chest. Most parents have many questions when their child is first diagnosed with asthma. But asthma does not need to restrict your child's normal activities and overall well being.

For most children with asthma, their asthma can be controlled with appropriate management and treatment. With appropriate treatment you can expect your child to have no symptoms or minor symptoms of coughing wheezing, shortness of breath, and chest tightness. But that requires parents to work with their school and family doctor to make sure an effective treatment plan is in place. To help you and your child learn more about asthma, we have information that is specifically targeted to asthmatic children and their parents. By learning as much as you can about asthma, you will be on the road to helping your child function normally and fully participate in the activities their friends participate in.

If you would like to receive this information, please contact kathleenmiller@rjlellp.com.