

SYMPTOMS OF COPD

The symptoms of COPD can range from chronic cough and sputum production to severe disabling shortness of breath. In some individuals, chronic cough and sputum production are the first signs that there is a risk for developing the airflow obstruction and shortness of breath characteristic of COPD. In others, shortness of breath may be the first indication of the disease.

It's important to know the signs of lung disease because early treatment can prevent serious damage to lung tissue. Early symptoms may include:

- Breathing problems
- Persistent coughing
- Unusual mucus production
- Persistent or recurring fever or fatigue
- Chest pains
- Blood in the mucus